

Attending a UBMS OSCE, what to bring and wear.

Dress appropriately for a clinical environment.

This is the link to [UBMS dress code](#)

Each trust might have slightly different expectations so make yourselves aware of any local variation.

Summary:

- Long hair tied back
- Bare below the elbow (sleeves rolled up)
- No jewellery
- No nail varnish

Bring the following items with you:

Stethoscope (such as the Littmann classic; please do not bring digital or electronic stethoscope)

Watch or equivalent.

- Wrist watches cannot be worn so should be in a pocket or fastened to a belt.
- Fob watches are useful for those without belts or pockets.
- Smart watches are not allowed, even if configured to be worn like a fob watch.

ID card on a lanyard so that staff can check your identity (also standard nhs practice to wear ID)

Quarantine considerations:

Prepare to be available all day. Exact timings will be provided nearer the time.

In addition to the time spent undertaking the OSCE, you will need to spend at least some time in

quarantine.

You might want to bring something to do. Your communication devices will be retained but your

other possessions will be available to you.

If you are quarantined over a mealtime, you might want to bring a drink and snack.