



THE UNIVERSITY OF
BUCKINGHAM

MEDICAL SCHOOL

MB ChB

Medical School Student Dress Code

1 Introduction

All students will ensure their personal appearance is of a high standard and include the following considerations;

- Whilst in a clinical environment will observe 'bare below the elbows' to enable adequate hand washing.
- Appear and be clean, tidy, smart and not offensive to others at all times. Smart trousers, skirts and shirts / tops and / or jackets are preferred. Clothes should cover shoulder to knee as a minimum with appropriate coverage of the neckline. Students can wear the equivalent standard of dress to:
 - Fulfil cultural, religious and ethnic needs
 - Meet specific needs of staff with disabilities
- An identity badge should be clearly visible to members of the public, patients, other students and staff. Only metal lanyards or a clip may be used to display ID badge in a clinical environment.
- Any accessories should be kept to a minimum and not alter outward appearance significantly.
- Hair should be kept tidy and long hair should be kept off the collar. Beards should be trimmed short, [exceptions may apply to staff with cultural, religious requirements]. Extreme hairstyles including excessively vivid colours are to be avoided.
- If worn, jewellery must be discreet and body piercing will be kept to a minimum. Wrist watches are not permitted to be worn in clinical areas. Rings, if worn must be limited to a wedding band. If a tie/necklace is worn it must be tucked in to avoid it coming into contact with a patient during direct patient care. Medic - alert jewellery can be worn; however those who may have clinical or direct patient contact should not wear a bracelet.
- Closed toe shoes and heel will be worn to afford protection for the student and soft soled shoes will be worn by students in ward areas to reduce noise.
- If worn, make up will be discreet with nails kept well manicured with no nail extensions, false nails or nail varnish [including clear nail varnish].
- Fragranced products, including perfume and aftershave will be kept to be minimum [as a known trigger of asthma in some patients and staff and to reduce discomfort for patients].
- Cover tattoos [if present] that may be deemed inappropriate or offensive.
- Additional protective clothing e.g. aprons and gloves will be provided if students are involved in direct contact with patients.
- Headscarves worn for ethnic, religious and cultural reasons should be no longer than shoulder length, plain dark colour, laundered and changed daily and should not 'hang' in such a way as to make contact with patients and provide a potential for cross infection/contamination during direct patient care. Full face veils are not permitted.
- Certain clinical areas are issued with and authorised to wear theatre type blues/scrub suits. These suits will be provided if necessary are to be used only to conduct direct clinical care and departmental operational activity.

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